

# Shooting Range School Field Trip Opportunities

2012 - 2013

Jay Henges Shooting Range  
1100 Antire Rd.  
High Ridge, MO 63049



Dear School Administrator or Teacher:

Thank you for your interest in providing shooting sports education to your students. Did you know the shooting sports are some of the safest sports for students to participate in? In fact, on average shooting sports are safer than most ball sports including football, soccer and basketball. The shooting sports are not only safe but can also provide valuable life tools including responsibility, focus, teamwork, and discipline.

Please use the enclosed pamphlet to familiarize yourself with the shooting education programs that are offered at the Jay Henges Shooting Range. The Jay Henges Shooting Range is located in west St. Louis County and sees an average annual visitation of over 40,000 shooters making Henges one of the largest public shooting ranges in the Midwest. In 2012, Henges was recognized with a four star status from the National Shooting Sports Foundation.

The staff at the Missouri Department of Conservation and the Jay Henges Shooting Range is ready and willing to provide shooting education programs for your school and students! For more information please contact me at your convenience.

Sincerely,

Jake Hindman  
Outdoor Education Center Supervisor  
Missouri Department of Conservation  
Jay Henges Shooting Range & Outdoor Education Center  
1100 Antire Rd.  
High Ridge, MO 63049  
636-938-3253 Ext. 26  
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# Jay Henges Shooting Range Information

The Jay Henges Shooting Range is a Missouri Department of Conservation Shooting Range and Outdoor Education Facility. The range is open to the general public Wednesday through Sunday each week. Visit the facility's website at [www.mdc.mo.gov/areas/ranges/henges](http://www.mdc.mo.gov/areas/ranges/henges).

- The range has been designated a Four Star range by the National Shooting Sports Foundation (NSSF).
- Jay Henges Range offers rifle and handgun shooting on a state-of-the-art outdoor range, three shotgun trapshooting fields, a shotgun patterning range, a static archery range, and a walk-through 3D archery course. The classroom will accommodate groups of 50. Indoor restrooms are located both at the rifle/pistol range as well as the classroom.
- The range has a full-time staff of 4 and a part-time staff of 5 and a cadre of approximately 35 volunteers.



## Driving Directions:

### *East of St. Louis:*

Take I-44 west to Beaumont Antire Road, exit 269, left over I-44 to Antire Road, right on Antire, entrance on left, across from commuter parking lot.

### *From the west/Eureka:*

Take I-44 east to Beaumont Antire Road, exit 269. Follow exit lane around to top of overpass (Antire road), entrance on left, across from commuter parking lot.

## How do I sign up?

- There is no charge for field trips to the range.
- Schools are responsible for transportation to and from our location.
- Field trip times are scheduled in two hour blocks three times during the day.
- At least one teacher or school administrator must be present with the group.
- Students are expected to wear appropriate clothing for the activity – open toed shoes are not appropriate. Students should also dress appropriately for the weather.
- Insect repellent is recommended during season.
- Some activities require slight physical exertion and may not be appropriate for some students.
- Available dates include two Mondays per month; March, April, May, August, September, and October. Time blocks are 8 – 10 a.m., 10 a.m. – Noon, and Noon – 2 p.m.
- For more information or to obtain an application email Jake Hindman at [Jake.Hindman@mdc.mo.gov](mailto:Jake.Hindman@mdc.mo.gov).

# Program Offerings

## **Rifle Basics**

This program offers the student an opportunity to learn the basics of shooting a .22 caliber rifle. Instruction will be led by qualified range staff with individualized help for the student. All necessary equipment will be provided.

The lesson plan includes:

1. Introduction to Safety Rules, rifle parts and operation
2. Introduction to Ammunition
3. The fundamentals of Rifle Shooting
4. Shooting from the Benchrest position
5. Introduction to cleaning and storage of the rifle
6. Shooting opportunities

## **Shotgun Basics**

Our shotgun program provides the student an opportunity to learn a clay target sport. Trapshooting is the fastest growing youth shooting sport in America. Our highly qualified staff will provide individualized instruction in the use of the shotgun. All necessary equipment will be provided.

The lesson plan includes:

1. Introduction to the Safety Rules, shotgun parts and operation
2. Introduction to shotgun ammunition.
3. The fundamentals of shotgun shooting.
4. Shooting the shotgun.
5. Introduction to care, cleaning, maintenance and storage of the shotgun.
6. Opportunities for shooting shotguns.



## **Archery Basics**

Our outdoor archery program is based on the Missouri National Archery in the Schools Program (MoNASP). Instruction follows the Eleven Steps to Archery Success. We will provide certified instructors and all necessary equipment.

The lesson plan includes:

1. Safety Rules and learning the whistle commands.
2. Learning the function and parts of the bow.
3. Learning the parts of the arrow.
4. Shooting the bow.
5. Learning range operation.
6. Learning to score.
7. Archery shooting opportunities.



*Serving nature and you*<sup>TM</sup>

The Jay Henges Shooting Range & Outdoor Education Center is owned and operated by the Missouri Department of Conservation. The mission of the Missouri Department of Conservation is to protect and manage the forest, fish, and wildlife resources of the state; to facilitate and provide opportunity for all citizens to use, enjoy and learn about these resources.