



Top Ten Ways to Curb Nature Deficit Disorder

Have you heard of Nature Deficit Disorder?

It's what happens when we stay inside our home's borders.

Staying inside playing video games and watching TV causes several things to happen and affects us negatively –

from lack of attention, obesity, and decreased creativity to depression, hyperactivity, and social issues between you and me.

This disorder is inexpensive and easy to fix – just go for a walk, fish, or get any kind of outdoor activity in the mix!

Studies show that if you do a few things each week or every day, higher test scores, improved confidence, and better health will be your pay.

Here is a top ten list of free and easy things you can do To get outside, get connected, and start the summer right, too!

1. Create an outdoor scavenger hunt for your backyard. Digital camera scavenger hunts, geocaching, and letterboxing are other ways to explore outdoors.
2. Go for a walk around the block or take a hike at a nearby park or conservation area. See how many different plants and animals you can find.
3. Become an animal tracker! Look for feathers, tracks, chewed vegetation, or scat to determine what has been there.
4. Attend a program at the Cape Nature Center, Trail of Tears State Park or with your local parks and recreation department.
5. Plant a garden. Native plants and trees attract more birds, butterflies, and wildlife.
6. Grab a net and bucket to explore a local creek or stream to see what you can find.
7. Check out a fishing pole or backpack from the nature center.
8. Learn a new outdoor skill such as fishing, canoeing, camping, archery, or outdoor cooking.
9. Share your knowledge and skills with others to make a difference in their lives.
10. Start a family nature club with other families in your community. Visit www.childrenandnature.org to find out more. Enthusiasm is infectious and getting others involved is more fun.

-By Sara Turner
Nature Center Manager

Family Nature Club Quick-Start Steps

1. Create a plan by deciding where to go, when, and for how long.
2. Check out the location before you send out invitations.
3. Invite as many people as you like.
4. Make it easy to say "yes" by including a checklist of what to bring for outings.
5. Get outside to enjoy your adventure and get your vitamin N!



Tadpoles

(Shared nature experiences for 0-2 year olds and an attending adult.)



June

Saturday, June 28 – 9 AM or 10 AM

Sensesational Nature!

Do you hear what I hear? What's that smell? Exploring the outdoors using our senses is a great way to teach little ones about nature. **Ages 0-2. Registration begins June 3.**

July

Saturday, July 19-9 AM or 10 AM

Who Lives in the Water?

Rivers, ponds, and creeks are full of life! Dive into learning all about critters that call the water their home. We'll get our little hands wet exploring. **Ages 0-2. Registration begins July 1.**

August

Saturday, August 30-9 AM or 10 AM

Flutter and Fly

Flutter and fly go the beautiful butterflies. Where are they going on those delicate wings? Float on in with your little one to find out together through stories and activities. **Ages 0-2. Registration begins August 1.**

June

Saturday, June 14

10-11:30 AM

Totally Turtles

Turtles are an important part of the pond habitat. Their amazing adaptations help them to survive on land and in the water. We'll review the basics of turtle biology and then head outside to discover which types of turtles we have at the Kid's Fishing Pond. **Ages 7-11. Registration begins June 3.**



July

Friday, July 25

8-9:30 PM

Nocturnal Fun

Being a nocturnal animal means having special features that help you get around and find food in the dark. We'll hit the trail for a night hike to uncover the mysteries of Missouri's secretive night time animals. After the hike, we'll enjoy some s'mores by the campfire. **Ages 7-11. Registration begins July 1.**

August

Saturday, August 23

10-11:30 AM

Predator vs. Prey

Wild animals are constantly trying to win the game of survival. They not only have to try to find food, but they also try to avoid being the food. Discover the interactions of predator and prey animals through playing games and investigating animal artifacts. **Ages 7-11. Registration begins August 1.**

September

Saturday, September 6

10-11:30 AM

Snake for a Day

Can you shed your skin or unhinge your jaw? Check out these amazing snake talents and more. Experience what it would be like to be a snake as we meet some of the snakes that call Missouri home. **Ages 7-11. Registration begins August 15.**

Mudpuppies

(45-minute programs for 3-6 year olds and an attending adult.)



June

Saturday, June 14-10 AM or 11:30 AM

Tuesday, June 17-9 AM or 10:30 AM

Let's Go Fishing!

You get a line, we'll get a pole and learn all about the best way to fish down at the fishing hole! Get hooked on fishing through stories and activities! **Ages 3-6. Registration begins June 3.**

July

Saturday, July 12-10 AM or 11:30 AM

Tuesday, July 15-9 AM or 10:30 AM

Music Makers

Listen! There's music in the air. Insects of all shapes and sizes make sounds that might be music to your ears. We'll stomp and sing to the beat as we explore outside. **Ages 3-6. Registration begins July 1.**

August

Saturday, August 9-10 AM or 11:30 AM

Tuesday, August 12-9 AM or 10:30 AM

Summer Sand Prairie

There's sun, sand, and heat but it's not the beach! We'll find out just what kind of animals can live amongst the clumps of grasses, prickly pear cactus, and shifting sand. **Ages 3-6. Registration begins August 1.**

June

Saturday, June 14

2-3:30 PM

Archery

Try your hand at archery and experience a fun way to enjoy the outdoors. You will learn tips and better techniques to become a more proficient archer. All archery equipment will be provided. **Ages 12-15. Registration begins June 3.**



July

Saturday, July 26

9 AM-2 PM

Amidon Trash Pick-Up

Help one of Missouri's natural areas by cleaning up the trash at Amidon Conservation Area. We'll spend the morning walking the trail and picking up trash, then cool off in the afternoon with a swim. **Ages 12-15. Registration begins July 1.**

August

Friday, August 22

7-8:30 PM

Campfire Cooking

Summer is the perfect time to sit by the campfire and toast marshmallows, but there's much more to campfire cooking than just s'mores. Taste a variety of delicious treats that can all be made easily over a campfire. **Ages 12-15. Registration begins August 1.**

Kids' Club Program Information

Cape Girardeau Conservation Nature Center

2289 County Park Drive, Cape Girardeau, MO 63701 • mdc.mo.gov/node/297

JUNE

TO REGISTER FOR A PROGRAM:

Programs are free. Call 573-290-5218 to sign up for a program requiring registration. If you are unable to attend a program, please call and cancel as a courtesy to those on the waiting list.

Trail Trivia

June 7 • Saturday • 9 AM–4 PM

No registration required (all ages)

Spend a couple of hours hiking and testing your nature knowledge to celebrate National Trails Day! Trek our trails and answer nature-related questions along the way. Stop by the nature center anytime to pick up your question sheet and then return to check your answers and claim your prize.

Families in Nature

June 7 • Saturday • 9 AM–3 PM

Early registration begins May 15 (all ages)

Want to learn how fun outside activities like fishing, canoeing, and archery can make your family members healthier while strengthening your family bond? Bring a picnic lunch and plan on staying the entire day to try your hand at various outdoor skills.



Hummingbird Clearwing
(*Hemaris thysbe*)

The Hummingbird Clearwing is a moth that many mistake for a hummingbird. Unlike most moths, these moths are active during the day. They fly similarly to a hummingbird and can be seen zooming from flower to flower sipping nectar with their long tongues. Feather-like tufts of hair stick out from the abdomen completing the hummingbird look. These moths visit many of the same plants as bees and hummingbirds, where they play the same ecological role, pollinator. You can find them on many plants including bee balm, phlox, and verbena. Look for these moths in late spring and throughout the summer.

Art Gallery-June

Photographer Marcus Janzow's exhibit, "Diverse Landscapes of Southeast Missouri," focuses on the incredible natural diversity of our region, from the St. Francois Mountains and the Mississippi River hills to springs and streams of the Ozarks and the sand prairies of the Bootheel. These natural communities are prime targets for the lens of a camera, and we hope you will be inspired to visit them after viewing this June exhibit.

Canoeing

June 10 • Tuesday • 4-7 PM

No registration required (ages 5+)

The arrival of summer means it's time to head to the water! Stop by between 4 and 7pm for a leisurely canoe paddle on our pond. Brush up on your canoe skills, or learn some new tips and tricks. Canoes provided. Youth and adult groups welcome.

Missourians care about conserving forests, fish and wildlife.

Feeding Frenzy

June 12 • Thursday • 1-3 PM

No registration required (all ages)

Ever wonder what it takes to keep all of the nature center reptiles, amphibians, and fish happy? Thanks to some amazing animal care volunteers, they are fed a delicious smorgasbord of crickets, worms, minnows, and more! Drop by to visit with the volunteers and staff as they feed the hungry critters. Youth and adult groups welcome.

Nature Center at Night: Fireflies

June 12 • Thursday • 5-8 PM

No registration required (all ages)

During warm summer nights, nature provides us with one of the most spectacular fireworks displays. The creator of this lightshow is the tiny firefly. Such an amazing little insect should not go unnoticed. Drop by any time between 5 and 8pm to learn more about these beetles and to make a bug box to take home. Bug boxes will be first come, first serve. Youth and adult groups welcome.

Free Fishing Weekend-June 7-8

This is your chance to try fishing without purchasing a permit first. Our annual Free Fishing Days are the Saturday and Sunday following the first Monday in June. Any person may fish state waters without a permit, trout permit, or prescribed area daily tag during Free Fishing Days.

Second Saturday

June 14 • Saturday • 9 AM-NOON

No registration required (all ages)

Calling all artists! Cape Girardeau has a history of celebrating local art on the first Friday of each month. The Nature Center will take the second Saturday to celebrate the artists who use the natural world for inspiration. Bring your supplies, whether they are pencils, paints, fiber, textiles, clay, wood, paper, or camera and a lawn chair to set up on our grounds. It's a great place to see other artists and the general public. All forms of family friendly art welcome. For questions, call the Nature Center at (573)290-5218, Tuesday through Thursday.

Outdoor Adventure Camp

June 17-18

July 15-16

June 19-20

July 17-18

July 29-30

8:30 AM–4:30 PM

Early registration begins May 15 (ages 7-11)

Your outdoor adventure awaits! Join us to practice outdoor skills like hiking, canoeing, and fishing. We will also visit local conservation areas to discover the unique habitats of southeast Missouri. Participants are required to register for and attend both days of camp. Please provide a non-perishable lunch for both days.

Nature Art: Carve A Hummingbird

June 19 • Thursday • 6-8 PM

Registration begins June 3 (ages 16+)

Flowers are blooming and hummingbirds are busy feeding on blooms and buzzing around feeders but they'll be gone too soon. Come and learn how to carve your own hummingbird out of wood (yes, you can). Everything will be provided.

Conservation Destination:

Horton Farm

June 21 • Saturday • 8:30 AM-3 PM

Registration begins June 3 (ages 16+)

This new conservation area in Ste. Genevieve County features different wooded and field habitats that offer good opportunities for hunting and birding. We'll hike around the area to become more familiar with it. Hiking rated moderate. After exploring, we'll enjoy lunch at nearby Hawn State Park.

Garden Tour: Garden Tea Party

June 21 • Saturday • 9:30-11 AM

Registration begins June 3 (ages 8+)

From the garden to the tea cup, many of our native plants make wonderful, healthy teas. We will enjoy a walk through the garden then have a party on the patio. The menu will feature tea and treats from native plants.

Cape Girardeau Conservation Nature Center

2289 County Park Drive, Cape Girardeau, MO 63701 • mdc.mo.gov/node/297

JULY

TO REGISTER FOR A PROGRAM:

Programs are free. Call 573-290-5218 to sign up for a program requiring registration. If you are unable to attend a program, please call and cancel as a courtesy to those on the waiting list.

Nature Center at Night: Pond Life

July 10 • Thursday • 5-8 PM

No registration required (all ages)

Ponds are teeming with life from top to bottom! Some animals visit and others call the pond home. Discover the many layers of life in a pond through hands-on displays.

Nature Art: Gourd Pendants

July 10 • Thursday • 6-8 PM

Registration begins July 1 (ages 16+)

This month, we'll make necklace pendants from the shell of dried gourds. Techniques include applying various inks and carving grooves with a rotary tool. Participants should be prepared to use dyes that will stain clothing. Latex gloves and dust masks provided.

Women's Shotgun Shooting

July 11 • Friday • 6-9 PM and

July 12 • Saturday • 8 AM-NOON

Early registration begins June 17 (ages 14+)

Do you know why you are missing those crossing targets? Chances are your instincts are good and you are doing everything right. So what gives? Women have certain challenges specific to their gender that affects the ability to see targets, apply needed skills and mount a shotgun. During this women's only wingshooting course, instructor Dee Dee Dockins will provide instruction to overcome barriers specific to women's wingshooting. During this two part hands-on course, you will identify those issues and be able to modify your shooting equipment and style based on your individual needs. This course is designed for participants who have had at least one hunting experience in the field.

Garden Tour: Incredible Insects

July 12 • Saturday • 9:30-11 AM

No registration required (ages 8+)

Not all bugs are bad! In fact, many insects in your garden are great to have around. During this walk through the gardens we'll discuss some beneficial insects and learn to identify them. Participants will receive an insect observation box to take home.

Second Saturday

July 12 • Saturday • 9 AM-NOON

No registration required (all ages)

Calling all artists! Cape Girardeau has a history of celebrating local art on the first Friday of each month. The Nature Center will take the second Saturday to celebrate the artists who use the natural world for inspiration. Bring your supplies, whether they are pencils, paints, fiber, textiles, clay, wood, paper, or camera and a lawn chair to set up on our grounds. It's a great place to see other artists and the general public. All forms of family friendly art welcome. For questions, call the Nature Center at (573)290-5218, Tuesday through Thursday.

We help people discover nature.

Blood Drive

July 16 • Wednesday • 1-6 PM

Registration begins July 1 online (ages 16+)

July is hot! Cool down and do something good at the same time! Schedule an appointment to donate blood. Blood supplies are critically low during summer; please consider donating. Walk-ins will be accepted, but donors are encouraged to register for appointment times at www.redcrossblood.org.

Archery

July 17 • Thursday • 4-7 PM

No registration required (all ages)

Stop by between 4 and 7pm to try your hand at archery! You will learn tips and better techniques to become a more proficient archer with help from On Target Archers and United Bowhunters of Missouri. All archery equipment will be provided. Youth and adult groups welcome.

Creek Cruisin'

July 19 • Saturday • 1:30-3:30 PM

No registration required (all ages)

Bring your water shoes, nets, and curiosity to the low water bridge in Hubble Creek in Jackson City Park (near Cascade Drive). We'll dip-net, seine, and explore while wading in the water to find aquatic insects, small fish, and maybe a few other critters. Youth and adult groups welcome.

Feeding Frenzy

July 24 • Thursday • 1-3 PM

No registration required (all ages)

Ever wonder what it takes to keep all of the nature center reptiles, amphibians, and fish happy? Thanks to some amazing animal care volunteers, they are fed a delicious smorgasbord of crickets, worms, minnows, and more! Drop by to visit with the volunteers and staff as they feed the hungry critters. Youth and adult groups welcome.

GENERAL INFORMATION

Cape Girardeau Conservation Nature Center is located in North Cape Girardeau County Park off Kingshighway just east of Interstate 55 at exit 99.

The Cape Girardeau Conservation Nature Center is operated through hunting and fishing license revenues and through the 1/8% "Design for Conservation" sales tax. There is no admission charge.

BUILDING HOURS

Tuesday-Saturday: 8 AM-5 PM

Closed Sundays, Mondays, New Year's Day, Thanksgiving, day after Thanksgiving, and Christmas

AREA HOURS

Daily: Sunrise-10 PM in accordance with the Cape Girardeau County Park

RULES AND REGULATIONS

Nature center grounds and trails are closed to pets, horses, hunting, collecting, littering, fires, and alcoholic beverages. The trails are also closed to bicycles, jogging, in-line skates, skateboards, scooters, and motorized vehicles.

Phone: 573/290-5218

Fax: 573/290-5566

MDC
DISCOVER
nature

Fiddles & Forests Concert

July 25 • Friday • 7-8:30 PM

No registration required (all ages)

Enjoy an evening of a spirited mix of traditional Celtic jigs and foot-stomping Ozark bluegrass with the Shortleaf Band. Their music brings to life the Scots-Irish and their trek from the lowlands of Scotland to Missouri Ozark country. Youth and adult groups welcome.

Art Gallery-July

Visit the gallery to view "Focus on Wildlife," a collection of outdoor photography by Victor Moss. The display will include photos of birds, mammals, reptiles, amphibians, insects, and wildflowers.

Cape Girardeau Conservation Nature Center

2289 County Park Drive, Cape Girardeau, MO 63701 • mdc.mo.gov/node/297

Insect Insights

August 2 • Saturday • 9 AM-NOON

No registration required (all ages)

What's that smell? Did you hear that? What color is that? If we experienced things as insects do, our perception of the world would be very different. Join us as we explore insect senses, take insect hikes, make crafts, and enjoy kid-friendly puppet shows. Youth and adult groups welcome.

Hunter Education: Classroom Session

August 7 • Thursday • 5:30-9:30 PM

This classroom session will satisfy part one of Missouri Hunter Education requirements. To obtain hunter education certification you must also attend a skills session. Students must be 11 years of age at the start of the class and those 15 and under must also provide proof of age. To register for this course and/or to gain more information, visit <http://mdc.mo.gov/node/3722>.

Second Saturday

August 9 • Saturday • 9 AM-NOON

No registration required (all ages)

Calling all artists! Cape Girardeau has a history of celebrating local art on the first Friday of each month. The Nature Center will take the second Saturday to celebrate the artists who use the natural world for inspiration. Bring your supplies, whether they are pencils, paints, fiber, textiles, clay, wood, paper, or camera and a lawn chair to set up on our grounds. It's a great place to see other artists and the general public. All forms of family friendly art welcome. For questions, call the Nature Center at (573)290-5218, Tuesday through Thursday.

Hunter Education: Skills Session

August 13 • Wednesday • 5:30-9:30 PM

This skills session will satisfy part two of Missouri Hunter Education requirements. To obtain hunter education certification you must also complete part one (online, self-study or a classroom session) and bring along your qualifier certificate or completed book. The final exam will be administered at the end of the skills session. To register for this course and/or to gain more information visit, <http://mdc.mo.gov/node/3722>.

Feeding Frenzy

August 14 • Thursday • 1-3 PM

No registration required (all ages)

Ever wonder what it takes to keep all of the nature center reptiles, amphibians, and fish happy? Thanks to some amazing animal care volunteers, they are fed a delicious smorgasbord of crickets, worms, minnows, and more! Drop by to visit with the volunteers and staff as they feed the hungry critters. Youth and adult groups welcome.

Nature Center at Night: Missouri Snakes

August 14 • Thursday • 5-8 PM

No registration required (all ages)

Slither on by between the hours of 5 and 8pm to meet some of Missouri's snakes. Find out how to identify venomous snakes, learn what it takes to be a snake, and see some live snakes up close. Youth and adult groups welcome.

Nature Art: The Nature of Color

August 14 • Thursday • 6-8 PM

Registration begins August 1 (ages 16+)

Color plays an important part in our visual appreciation of nature. We will explore why some colors make us feel peaceful or energized or agitated and then use what we have learned to make some beautiful art.

Hummingbird Banding

August 16 • Saturday • 8 AM-NOON

No registration required (all ages)

Hummingbirds are gathering around feeders, getting ready for their long journey south. Watch up close as hummingbird banders catch these little gems, gather data, and fit them with an ID band before releasing them. Other information about hummingbirds will be available as well.

Homeschool Special: A Butterfly's Life

August 21 • Thursday •

10-11:30 AM or 1-2:30 PM

Registration begins August 1 (ages 6+)

Who doesn't like seeing a butterfly? We enjoy their beautiful bright colors but why else should we appreciate them? Delve into the life of a butterfly to reveal the fascinating traits that make them so mesmerizing.

Hunter Education: Skills Session

August 23 • Saturday •

8 AM-NOON or 1-5 PM

This skills session will satisfy part two of Missouri Hunter Education requirements. To obtain hunter education certification you must also complete part one (online, self-study or a classroom session) and bring along your qualifier certificate or completed book. The final exam will be administered at the end of the skills session. To register for this course and/or to gain more information visit, <http://mdc.mo.gov/node/3722>.

Art Gallery-August

Enjoy Jeanne Caola's photography exhibit this month, "Stop and Smell the Flowers: Tower Rock & Other Roadside Vistas."

AUGUST

TO REGISTER FOR A PROGRAM:

Programs are free. Call 573-290-5218 to sign up for a program requiring registration. If you are unable to attend a program, please call and cancel as a courtesy to those on the waiting list.

Conservation Destination: Birding Ten Mile Pond

August 23 • Saturday • 8:30 AM-2 PM

Registration begins August 1 (ages 8+)

This array of wetlands is a crucial stopover site for many migrating birds and a wide variety of birds can be found there. We'll concentrate mainly on shorebirds, wading birds, and waterfowl as we drive to various spots and walk short distances. We'll cover bird behaviors and how to identify them. This is a great opportunity to see larger birds you may not find anywhere else. Birders of all skill levels welcome and youth birders encouraged!

Arrow Making

August 30 • Saturday • 9 AM-3 PM

Registration begins August 1 (ages 15+)

Learn to make a prehistoric arrow using cane and feathers with primitive glue and wrapping.

Garden Tour: Seed Collection

August 23 • Saturday • 9:30-11 AM

No registration required (ages 8+)

After tending to your wildflower garden this summer, why not harvest some seeds? By using your own seed, you can expand your garden beds or swap seeds with a neighbor. During this walk through the nature center's gardens, we'll discuss dead-heading techniques and harvest seed from several species. Participants will receive a variety of native plant seeds to take home.

Coming in September



Come to the Fair!

Visit the Conservation Department's building at the SEMO District Fair!

Teaching with Nature to Excel

Do you have students that struggle? Students who are bored, have behavioral issues, or trouble concentrating? Do you find yourself struggling with classroom stress? You and your students may be suffering from nature deficit disorder (NDD). In this three day workshop, we'll look at ways you can incorporate nature into your teaching to help cope with NDD. You'll also receive training in MDC programs that can augment the teaching you're already doing. Workshop will be held July 30-31 at the Cape Girardeau Conservation Nature Center from 9am-4pm each day. Registration required.



For information about upcoming trainings and workshops or to register for the above workshop, please contact Bridget Jackson at bridget.jackson@mdc.mo.gov or call 573-290-5858 ext 4464. You can also visit the MO Dept of Conservation's website at www.mdc.mo.gov.

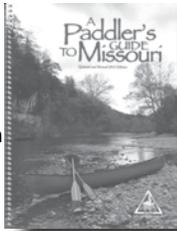
Educators' Niche

What's HOT in the NATURE SHOP!

May/June

A Paddler's Guide to Missouri Updated and Revised 2013 Edition

This book is designed to make river trips more pleasant, convenient and safe for the family. Missouri has many miles of rivers and floating them is a peaceful way to enjoy the outdoors. Everything from planning your trip to the equipment you will need is in this handy guide.



Discounted price:
\$6.40 plus tax

20% Off*
these monthly specials!

*Conservation Heritage Card discounts do not apply

July/August

Trees of Missouri Field Guide

Based on Don Kurz's original Trees of Missouri, this concise, easy-to-carry field guide will help you identify trees in your yard, neighborhood, or natural area.

- 174 species described
- Range map for each species
- Full-color illustrations
- Easy-to-understand descriptions



Discounted price:
\$6.00 plus tax

The Nature Shop features a variety of nature-related books, videos/DVDs, and resources to increase awareness and knowledge of conservation and the outdoors.

Ask the Naturalist

Q. Where did all of the hummingbirds go?

A. Starting in mid-May you might have noticed a decline in the number of hummingbirds that are visiting your feeders. This is a normal occurrence. It is the time for hummingbird nesting and for flowers to bloom.

During the summer, several blooming wildflowers are just too tempting for Ruby-throated hummingbirds to pass up. Flowers like trumpet creeper, jewelweed, and wild bergamot are just a few examples of hummingbird favorites.

In addition to blooming wildflowers, late spring and early summer is the time for female hummingbirds to keep busy with nest building,

incubation, and collecting protein-rich insects and spiders for their young to eat. Don't worry, once the chicks have fledged, you will notice an increase in the number of hummingbirds that visit your feeder.

Q. Do I need to add red food coloring to my hummingbird sugar water?

A. The answer is "no." Many of us have grown up watching our grandparents or parents add red food coloring to the hummingbird sugar water with the intent to better attract hummingbirds. However, this is not a necessary additive. Most hummingbird feeders that you can purchase are already red in color. The red feeders with clear sugar water are just as likely to attract hummingbirds as the red feeders with red sugar water.

-Angela Pierce

Text 'nature' to 91212 to receive text reminders on your cell phone about events at the Cape Nature Center.



Thank You

for donations of Time, Material, and Service
Cynthia Nabors-Supplies for Nature Art Supplies

Donor Stones

The Mabery and Schlosser Families in memory of
Robert Mabery

Edward Brown in honor of Mike O'Brien
The Schiwitz Family in memory of Faye Bollinger Prokopf

Volunteer Corner

Welcoming New Faces

The face of conservation is constantly changing at the Cape Nature Center. Nine new people joined the volunteer team while some others have moved on to other adventures. Each person who volunteers brings something different. Jordyn, Jodi, and Maria help care for the animals. Children's programs benefit by Joyce and Morgan's involvement. Brett and Randy work behind the scenes and are great with visitors. Through their passion for conservation, Felicia and Roxane help others spark an interest in connecting with the land. People like these nine who serve as conservation volunteers really make a difference in the programs and opportunities the nature center provides and continue to make the face of conservation a pleasant one for all who visit.

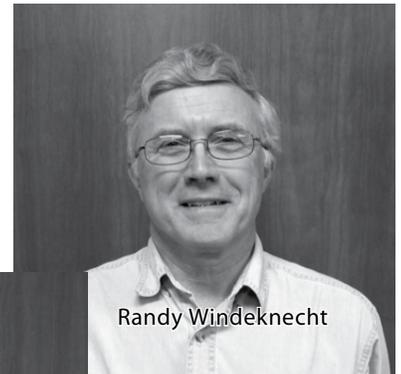
Steven Juhlin



Jodi Bradley



Felicia Fox



Randy Windeknecht



Jordyn Richmond



Joyce Penland



Morgan Maguire



Brett Griffin



Maria Hampson

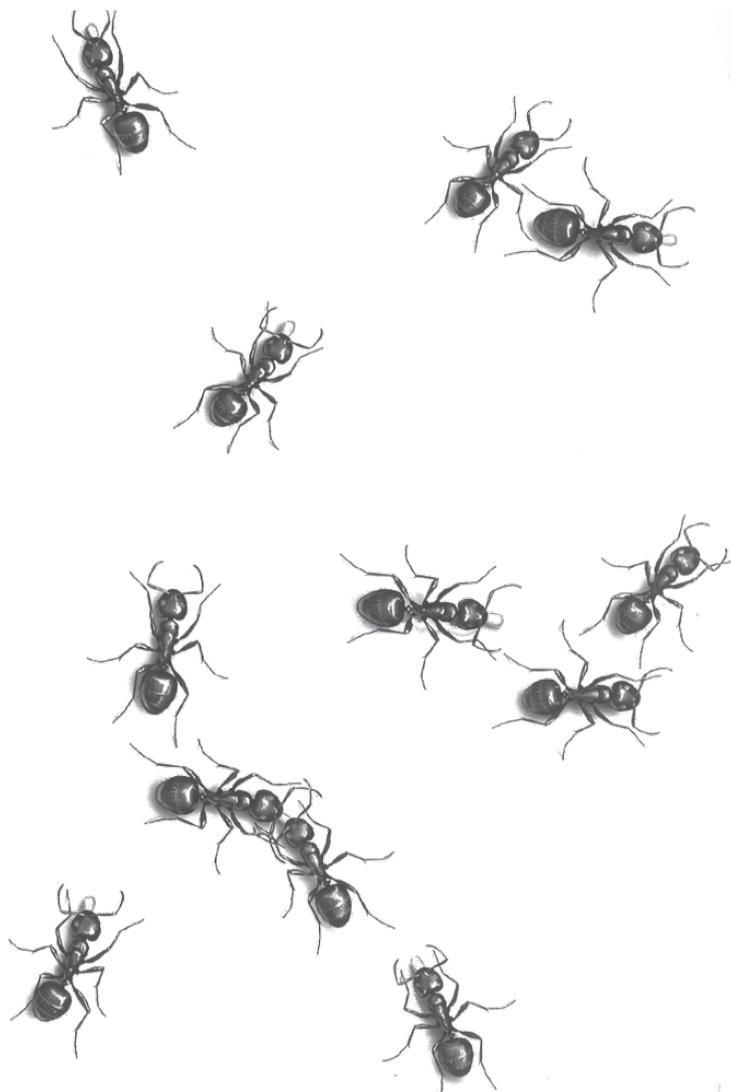


Roxane Magnus

Volunteer Milestones

200 Hours

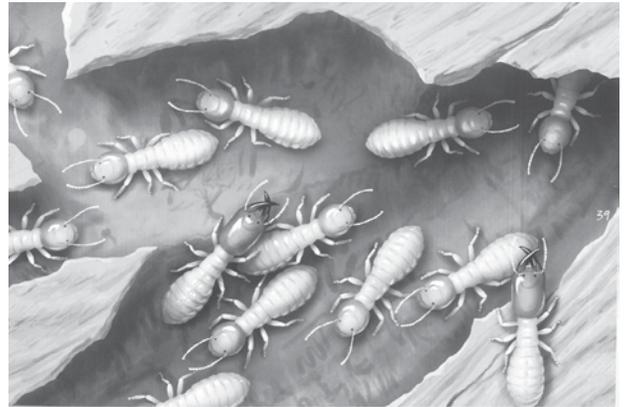
Chuck Penland



Insect Insights

Saturday, August 2

9 AM – NOON



**Insect Senses*

**Insect Hikes*

**Insect Puppet Shows*

Hummingbird Banding



Saturday, August 16

8 AM – NOON

***Look inside for more details*